

2023 IRONMAN 70.3

RACE	CITY	DATE
IRONMAN 70.3 Oceanside	Oceanside, CA	4/1/23
IRONMAN 70.3 Texas	Galveston, TX	4/2/23
IRONMAN 70.3 St. George	St. George, UT	5/6/23
IRONMAN 70.3 Gulf Coast	Panama City Beach, FL	5/13/23
IRONMAN 70.3 Morro Bay	Morro Bay, CA	5/20/23
IRONMAN 70.3 Chattanooga	Chattanooga, TN	5/21/23
IRONMAN 70.3 Hawaii	Kona, HI	6/3/23
IRONMAN 70.3 Virginia's Blue Ridge	Roanoke, VA	6/4/23
IRONMAN 70.3 Boulder	Boulder, CO	6/10/23
IRONMAN 70.3 Des Moines	Des Moines, IA	6/11/23
IRONMAN 70.3 Eagleman	Cambridge, MD	6/11/23
IRONMAN 70.3 Massachusetts	Springfield, MA	6/11/23
IRONMAN 70.3 Steelhead	Benton Harbor, MI	6/25/23
IRONMAN 70.3 Lubbock	Lubbock, TX	6/25/23
IRONMAN 70.3 Pennsylvania	Happy Valley, PA	7/2/23
IRONMAN 70.3 Musselman	Geneva, NY	7/9/23
IRONMAN 70.3 Ohio	Sandusky, OH	7/23/23
IRONMAN 70.3 Oregon	Salem, OR	7/23/23
IRONMAN 70.3 Maine	Augusta, ME	7/30/23
IRONMAN 70.3 Wisconsin	Madison, WI	9/10/23
IRONMAN 70.3 Atlantic City	Atlantic City, NJ	9/10/23
IRONMAN 70.3 Santa Cruz	Santa Cruz, CA	9/10/23
IRONMAN 70.3 Michigan	Frankfort, MI	9/17/23
IRONMAN 70.3 Washington	Maple Valley, WA	9/17/23
IRONMAN 70.3 Augusta	Augusta, GA	9/24/23
IRONMAN 70.3 New York	Long Beach, NY	9/30/23
IRONMAN 70.3 Muncie	Muncie, IN	9/30/23
IRONMAN 70.3 Memphis	Memphis, TN	10/7/23
IRONMAN 70.3 Waco	Waco, TX	10/15/23
IRONMAN 70.3 North Carolina	Wilmington, NC	10/21/23
IRONMAN 70.3 Arizona	Tempe, AZ	10/22/23
IRONMAN 70.3 Indian Wells–La Quinta	Indian Wells, CA	12/3/23
IRONMAN 70.3 Florida	Haines City, FL	12/10/23



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RACE	CITY	DATE
IRONMAN Texas	The Woodlands, TX	4/22/23
IRONMAN Tulsa	Tulsa, OK	5/21/23
IRONMAN Coeur d'Alene	Coeur d'Alene, ID	6/25/23
IRONMAN Lake Placid	Lake Placid, NY	7/23/23
IRONMAN Alaska	Juneau, AK	8/6/23
IRONMAN Wisconsin	Madison, WI	9/10/23
IRONMAN Maryland	Cambridge, MD	9/16/23
IRONMAN Chattanooga	Chattanooga, TN	9/24/23
IRONMAN World Championship	Kailua-Kona, HI	10/12/23
IRONMAN Waco	Waco, TX	10/15/23
IRONMAN California	Sacramento, CA	10/22/23
IRONMAN Florida	Panama City Beach, FL	11/4/23
IRONMAN Arizona	Tempe, AZ	11/19/23

2023 TRIATHLONS

RACE	CITY	DATE
St. Anthony's Triathlon	St. Petersburg, FL	4/29/23
CRAFT White Mountains Triathlon	Franconia, NH	6/24/23
Door County Triathlon	Door County, WI	7/15/23
USAT Age Group Nationals	Milwaukee, WI	8/6/23
Boston Triathlon	Boston, MA	8/27/23
LIFE TIME Triathlon - Chicago	Chicago, IL	8/27/23
LIFE TIME Triathlon - New York City	New York, NY	10/1/23



2023 RUNNING RACES

RACE	CITY	DATE
Rock 'n' Roll Arizona	Tempe, AZ	1/14/23
Chevron Houston Marathon	Houston, TX	1/15/23
NYRR Fred Lebow Manhattan Half Marathon	New York, NY	1/22/23
Clearwater Run Fest	Tampa, FL	1/29/23
Miami Marathon	Miami, FL	1/29/23
Mesa Marathon	Mesa, AZ	2/4/23
NYRR Manhattan 10k	New York, NY	2/5/23
Gasparilla Distance Classic	Tampa, FL	2/25/23
Rock 'n' Roll Las Vegas	Las Vegas, NV	2/25/23
305 Half Marathon	Miami, FL	3/5/23
Little Rock Marathon	Little Rock, AR	3/5/23
Canyonlands Half Marathon	Moab, UT	3/18/23
Rock 'n' Roll DC	Washington D.C.	3/18/23
Oakland Running Festival	Oakland, CA	3/19/23
United Airlines NYC Half	New York, NY	3/19/23
Bank of America Shamrock Shuffle	Chicago, IL	3/26/23
Credit Union Cherry Blossom 10 Mile & 5k	Washington D.C.	4/2/23
Go! St. Louis Marathon	St. Louis, MO	4/2/23
Charlotte Race Fest	Charlotte, NC	4/15/23
CARA's Lakefront 10 Miler & 5k	Chicago, IL	4/16/23
Boston Marathon	Boston, MA	4/17/23
Rock 'n' Roll Nashville	Nashville, TN	4/22/23
St. Luke's Leigh Valley Half	Allentown, PA	4/23/23
Capital City Half Marathon	Columbus, OH	4/29/23
SHAPE + Health Women's Half Marathon	New York, NY	4/30/23
500 Festival Mini Marathon	Indianapolis, IN	5/6/23
Flying Pig Marathon	Cincinnati, OH	5/7/23
Thelma & Louise Moab Half Marathon	Moab, UT	5/13/23
RBC Brooklyn Half Marathon	Brooklyn, NY	5/20/23
Colorado Colfax Marathon	Denver, CO	5/20/23
Chicago Spring 13.1	Chicago, IL	5/21/23
CARA Spring Trail Chase 10k	Chicago, IL	5/21/23
Baltimore 10 Miler	Baltimore, MD	6/3/23
Hospital Hill Run	Kansas City, MO	6/3/23
Rock 'n' Roll San Diego	Sand Diego, CA	6/4/23

2023 RUNNING RACES CONTINUED

RACE	CITY	DATE
Mastercard New York Mini 10k	New York, NY	6/10/23
NYRR Queens 10k	Queens, NY	6/17/23
B.A.A. 10K	Boston, MA	6/25/23
CARA Chi-Town Miles	Chicago, IL	7/29/23
Rock 'n' Roll Salt Lake City	Salt Lake City, UT	8/18/23
Falmouth Road Race	Falmouth, MA	8/20/23
AutoFair NH 10 Miler	Auburn, NH	8/26/23
NYRR Grete's Great Gallop 10k	New York, NY	8/26/23
Fox Cities Marathon	Appleton, WI	9/17/23
New Balance Bronx 10 Mile	Bronx, NY	9/17/23
CARA Ready to Run 20 Miler	Chicago, IL	9/17/23
Chicago Half & 5K	Chicago, IL	9/24/23
Rock 'n' Roll San Jose	San Jose, CA	9/30/23
TCS New York City Marathon Training 18 Miler	New York, NY	9/30/23
Arches Marathon and Half Marathon	Moab, UT	10/7/23
Rock 'n' Roll Clearwater	Clearwater, FL	10/7/23
St. George Marathon	St. George, UT	10/7/23
Chicago Marathon	Chicago, IL	10/8/23
Baltimore Running Festival	Baltimore, MD	10/14/23
Cannonball Marathon	Greensboro, NC	10/14/23
Nationwide Children's Hospital Columbus Marathon	Columbus, OH	10/15/23
Detroit Free Press Marathon	Detroit, MI	10/15/23
IMT Des Moines Marathon	Des Moines, IA	10/15/23
Delta Dental New England Half Marathon	Concord, NH	10/22/23
Xfinity Newburyport Half Marathon & Relay	Newburyport, MA	10/29/23
Good Life Halfsy	Lincoln, NE	11/5/23
TCS New York City Marathon	New York, NY	11/5/23
St. Pete's Run Fest	St. Petersburg, FL	11/12/23
Madison Marathon	Madison, WI	11/12/23
Manchester City Marathon	Manchester, NH	11/12/23
B.A.A. Half Marathon	Boston, MA	11/13/23
Rock 'n' Roll San Antonio	San Antonio, TX	12/2/23
NYRR Ted Corbitt 15k	New York, NY	12/3/23
St. Jude Memphis Marathon	Memphis, TN	12/4/23
BMW Dallas Marathon Festival	Dallas, TX	12/10/23
Holualoa Tucson Marathon	Tucson, AZ	12/10/23

FUEL TO UNLOCK YOUR BEST RACE

2023 XTERRA

RACE	CITY	DATE
XTERRA White Tanks Trail Run	Waddell, AZ	1/8/23
XTERRA McDowell Mt. Trail Run	Fountain Hills, AZ	2/5/23
XTERRA Iceman	Phoenix, AZ	2/25/23
XTERRA Black Canyon	Black Canyon City, AZ	3/12/23
XTERRA ATX Triathlon	Austin, TX	4/22/23
XTERRA ATX Trail Run	Austin, TX	4/23/23
XTERRA New Jersey Trail Run	Vernon, NJ	5/6/23
XTERRA New Jersey Triathlon	Vernon, NJ	5/7/23
XTERRA Oak Mountain Triathlon	Pelham, AL	5/20/23
XTERRA Oak Mountain Trail Run	Pelham, AL	5/21/23
XTERRA Cameron Park Triathlon	Waco, TX	6/10/23
XTERRA Cameron Park Trail Run	Waco, TX	6/11/23
XTERRA Lory Triathlon	Bellvue, CO	6/17/23
XTERRA Magnolia Hill Triathlon	Navasota, TX	7/8/23
XTERRA Magnolia Hill Trail Run	Navasota, TX	7/9/23
XTERRA EX2 Triathlon	Flintstone, MD	7/9/23
XTERRA DINO Northern Indiana	North Liberty, IN	7/22/23
XTERRA Portland Triathlon	Gaston, OR	8/5/23
XTERRA USA Championships	Beaver Creek, CO	8/26/23
XTERRA Laguna Beach	Laguna Beach, CA	8/27/23
XTERRA Lake Tahoe	Incline Village, NV	9/9/23
XTERRA Papago Urban Desert Trail Run	Tempe, AZ	10/8/23
XTERRA San Tan Trail Run	Queen Creek, AZ	TBD
XTERRA Estrella Mountain Trail Run	Goodyear, AZ	12/10/23